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Sunday, August 30, 2026

PART
34 *walk through the*
WORD

NEW EVERY MORNING

Our Mission

“Go and **MAKE DISCIPLES** of all nations,
BAPTIZING them in the name of the
Father and of the Son and of the Holy Spirit,
and **TEACHING** them to observe all
I have commanded you.” – *Jesus Christ*



Message Notes

Walk Through The Word - Part 34

“New Every Morning” - Lamentations 3:19-33

Lamentations comes from a moment when Judah had watched everything they trusted in collapse. Jerusalem had fallen, their king was gone, the temple was destroyed; they were experiencing the devastating consequences of their sin. Yet in the midst of ruin, we see how God's people can respond when life falls apart:

- 1) _____ **in the midst of suffering** — v.19-20
 - The writer does not _____ his “affliction,” “wandering,” “wormwood,” or “gall.” His soul is “bowed down” because the suffering is genuinely heavy.

- 2) _____ **the character of God** — v.21-24
 - The circumstances have not changed, but the writer deliberately changes his _____ to God's steadfast love, mercy, and faithfulness.

- 3) _____ **for the salvation of God** — v.25-30
 - Three times the passage speaks of waiting (v.25,26,28), and the writer connects waiting with _____ God, quietly bearing what He has allowed, and trusting His ultimate salvation.

- 4) **Trust in God's** _____ **beyond the judgment** — v.31-33
 - Even when God allows grief and discipline, His _____ flows from His steadfast love; He does not delight in afflicting His people.

Going Deeper

- 1) What do verses 19–20 teach us about the place of grief and lament in the life of a believer? Why is it important that the writer doesn't minimize his suffering?
- 2) What are some ways we can wrongly respond to suffering by pretending everything is fine rather than honestly bringing our grief before God?
- 3) In verse 21, the writer says, “But this I call to mind, and therefore I have hope.” What is the significance of that “but”? What changed—the circumstances, or his perspective?
- 4) Which attributes of God in verses 22–24 are most important when we are going through difficult circumstances? Why?
- 5) The writer says, “The LORD is my portion” (v.24). What does it mean for God Himself to be our portion? How might that change the way we view the things we have lost?
- 6) What is the difference between patiently waiting on God and simply being passive or resigned? How do verses 25–30 help us understand biblical waiting?
- 7) How can we distinguish between God's loving discipline and the assumption that every difficult circumstance is a direct punishment from God for a specific sin?
- 8) How does the statement “the Lord will not cast off forever” (v.31) point us toward the gospel? What do the cross and resurrection teach us about God's judgment and mercy?
- 9) When life falls apart, what do you tend to remember most—the circumstances that are causing you grief or the character of the God who is with you? What would it look like this week to deliberately “call to mind” God's faithfulness?

Looking Ahead

News & Upcoming Events:

- **Kick-Off Sunday:** September 13th will be a special morning of welcoming new church members and looking at the exciting fall season ahead. After service we will head to the Outreach Centre to enjoy refreshments, a volunteer fair and signup for Small Groups.
- **Age Unlimited:** Wednesday, September 9 meeting at 11:00 am. Ian & Lois will share highlights from their recent cruise. Come for fellowship and encouragement. Please sign up at the Welcome Desk.
- **Young Adults:** Wednesday, September 9 at 6:30 pm for ages 18-35. Come for worship, Bible teaching, and fellowship. Childcare not provided. Contact Pastor James for more information.
- **Sunday Afternoon Live** - An afternoon of music with Alan Brown and Alex Moir, Sunday September 20th, 4pm at Ambassador Baptist Church. Admission: a non-perishable item for the church food bank.

Connecting With Others:

- **Small Groups:** For details, contact pastorjames@banwellchurch.org
- **Friendship Circle:** Wednesdays at 10:30 am
- **Age Unlimited (Age 55+):** Wednesday, September 9 at 11 am
- **Young Adults (Ages 18-35):** Wednesday, September 9 at 6:30 pm
- **Kingdom Kids (Grades 1-5):** Returns Thursday September 10, 6:30-7:45 pm. For details contact heather@banwellchurch.org
- **Youth Group (Grades 6-12):** Returns Friday, September 11, 6:30 pm
- **Prayer Group:** Returns Friday September 11 at 10am in Library
- **Men's Breakfast:** Saturday, September 26 at 8:30 am

For more information on news and events,
check out our website, or contact the office.